



## SCHOOL CURRICULUM

### **BOUNDARIES**

This two-part course will help you know when to say yes, when to say no, and take control of your life. The class emphasizes the importance of:

- Setting healthy boundaries,
- Identifying toxic perhaps even dangerous relationships,
- And the need for healthy boundaries in order to have healthy relationships.

It will help people already in healthy situations to improve their relationships, as well as provide badly needed guidance to those whose lives are out of control. Many will discover painful realities about their lives, the family they grew up in, present relationships, addictive behaviors, and codependency. They will also be challenged to accept personal responsibility and ownership in order to experience new freedom.

### **GET THAT JOB**

When it comes to advice on how to get a job, most of it is pretty bad. There are several principles and ways of thinking, that when implemented, will cause a person to stand out in the crowd.

If you're looking for a job to help make ends meet or have a career goal, this class will help you achieve your employment objectives. Discover little known secrets, develop an action plan, and get that job!

### **MANAGE MONEY BY THE BOOK**

This five-part series will help you understand biblical principles of how God designed the way for people to use money and resources. This series is built on the overarching truth that God is at the center of creation and God has a plan and purpose for each person. How we use money is indelibly connected to our decisions regarding how we manage financial and other resources that God provides.

We explore topics that include:

- Developing a biblical worldview and how what we believe has been formed by what we have experienced, observed, or have been taught and ultimately accepted as truth regardless of its truthfulness.

- How sin can influence and distort our thinking and how God’s mercy and grace extended through the person of Jesus is essential to our transformation, change of heart, and worldview regarding how we live life and use resources God’s way.
- We’ll discuss ways we can go about changing our minds to a biblical worldview which leads to the essential heart change necessary to manage money, God’s money, God’s way.
- And finally, we’ll discuss the “nuts and bolts” of managing money by offering a simple system to organize, manage, and stay on track with the decisions you ultimately make to bring your financial life under God’s control and experience the peace and sense of well-being God desires for each one of us.

This series has something for anyone who manages financial and other resources and desires to have a deeper understanding of how God has made a way for us to thrive in this area of life.

## **RENTER’S RIGHTS**

As you already know, there are lots of places to look when you start searching for a rental property. There are apartments, townhouses, single family homes, public housing, section 8, and so much more. But choosing the perfect place is only half the battle. The other part of the equation is understanding your rights and responsibilities as well as being approved by a potential landlord.

In addition to your rights and responsibilities, the course will instruct you in the following areas:

- Security Deposits
- Roommates
- Repairs and Maintenance
- Getting Your Deposit Back
- And so much more!

## **DARE TO DREAM**

Designing your own vision board is a fun way to discover a new path in life. When you create one, it will help you to imagine the life you’ve always dreamed of. It will also help you envision the goals within your heart by displaying them on a poster board through graphics, images, and words.

*Benefits of Creating a Vision Board:* If you have never made a vision board, here are seven perfect reasons why you should think about putting one together for yourself!

- Creating one is fun!
- It fuels your progress.
- It’s less expensive than a therapist.
- It helps you think outside the box.
- It brings new life and purpose.
- It draws you closer to God.
- There is provision in the vision!

## **FROM CRISIS TO THRIVING**

God doesn't want you to live in crisis, He wants you to THRIVE! In this class, you will learn what it means to be self-sufficient and confront the obstacles that stand in your way. In order to understand the process, you will begin analyzing your own "Self-Sufficiency Evaluation Matrix" to show you where you need help.

From there, you will be introduced to goal setting and the additional services Valor offers to help you reach your short and long-term goals.

## **OVERCOMING FEAR AND WORRY**

Fear, worry and anxiety can paralyze our minds and render us ineffective in our everyday lives. To overcome, we must learn to trust God completely. In this class, participants will be taught how God's resources can help us prevail no matter what our situation. The instructor will also present a comprehensive plan for how to experience peace and joy in spite of our circumstances.